Coverage for: Employees/Household members | Plan Type: EAP



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at one.telushealth.com or by calling 1-800-952-1245.

Important Questions	Answers	Why this Matters:		
What is the overall deductible?	N/A	There is no deductible for services covered under your Employee Assistance Program ("EAP").		
Are there other deductibles for specific services?	N/A	There are no deductibles for services covered under your EAP.		
Is there an out-of- pocket limit on my expenses?	N/A	There are no out-of-pocket expenses for services covered under your EAP		
What is not included in the out-of-pocket limit?	N/A	There are no out-of-pocket expenses for services covered under your EAP.		
Is there an overall annual limit on what the plan pays?	NO - N/A	Your EAP covers up to 5 sessions per issue per year.		
Does this plan use a network of providers?	YES	Only in-network providers are covered (at 100%).		
Do I need a referral to see a specialist?	N/A	In order to receive EAP sessions, you must contact TELUS Health at 1-800-952-1245.		
Are there services this plan doesn't cover?	N/A	Your EAP is a short term counseling program that only covers up to 5 sessions per issue per year		

OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146

Questions: Call 1-800-952-1245 or visit us at one.telushealth.com.

Coverage for: Employees/Household members | Plan Type: EAP



- Co-payments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- Co-insurance is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.)
- This plan may encourage you to use N/A providers by charging you lower deductibles, co-payments and co-insurance amounts.

Common		Your cost if you use an		
Medical Event	Services You May Need	In-network Provider	Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	N/A		
If you visit a health	Specialist visit	N/A		
care provider's office or clinic	Other practitioner office visit	N/A		
	Preventive care/screening/immunization	N/A		
If you have a test	Diagnostic test (x-ray, blood work)	N/A		
	Imaging (CT/PET scans, MRIs)	N/A		
If you need drugs to treat your illness or condition	Generic drugs	N/A		
	Preferred brand drugs	N/A		
	Non-preferred brand drugs	N/A		
	Specialty drugs	N/A		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	N/A		
	Physician/surgeon fees	N/A		

Questions: Call 1-800-952-1245 or visit us at one.telushealth.com.

Coverage for: Employees/Household members | Plan Type: EAP

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
If you need immediate medical	Emergency room services	N/A		
	Emergency medical transportation	N/A		
attention	Urgent care	N/A		
If you have a	Facility fee (e.g., hospital room)	N/A		
hospital stay	Physician/surgeon fee	N/A		
If you have mental	Mental/Behavioral health outpatient services	\$0 (covered at 100%)	0	Up to 5 outpatient sessions per issue per year for purposes of assessment and referral or short-term counseling
health, behavioral	Mental/Behavioral health inpatient services	N/A		
health, or substance abuse needs	Substance use disorder outpatient services	\$0 (covered at 100%)	0	Up to 5 outpatient sessions per issue per year for purposes of assessment and referral or short-term counseling
	Substance use disorder inpatient services	N/A		
If you are pregnant	Prenatal and postnatal care	N/A		
	Delivery and all inpatient services	N/A		
If you need help recovering or have other special health needs	Home health care	N/A		
	Rehabilitation services	N/A		
	Habilitation services	N/A		
	Skilled nursing care	N/A		
	Durable medical equipment	N/A		
	Hospice service	N/A		
If your child needs	Eye exam	N/A		
dental or eye care	Glasses	N/A		

Questions: Call 1-800-952-1245 or visit us at one.telushealth.com.

Coverage for: Employees/Household members | Plan Type: EAP

Common Medical Event	Services You May Need	Your cost if	you use an	Limitations & Exceptions
	Dental check-up	N/A		

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

 Physicians/psychiatrists, psychological testing, chronic mental health issues or any inpatient services.

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

30 minutes of free legal and financial advice to employees and their household members

Work_Life services – assistance in finding resources and referrals for things such child care, adult care, and community resources

Life Coaching – work with a professional life coach for assistance in setting and reaching personal goals

Geriatric Care – up to 4 hours of consultation with a Geriatric Care Manager for guidance and support of an elderly parent or family member

Your Rights to Continue Coverage:

The plan does not include rights for continued coverage; if further treatment after the 1-5 sessions is needed, a referral to a specialist within the employee or household member's medical/behavioral health network will be provided.

Questions: Call 1-800-952-1245 or visit us at one.telushealth.com.

Coverage Period: 1/01/2026 - 12/31/2026

Coverage for: Employees/Household members | Plan Type: EAP

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: This is not applicable. In the event the employee or household member has a complaint, he/she can call 1-800-952-1245 and speak with an Intake consultant who will initiate a formal complaint process to resolve the matter.

Questions: Call 1-800-952-1245 or visit us at one.telushealth.com.