

Stay healthy – get a flu shot

Get a flu shot from your doctor or at any retail pharmacy that offers flu shots.



Why get a flu shot?

The flu is a respiratory infection that can lead to serious complications. The flu virus can spread very easily, and flu season can last a long time. The best way to protect yourself – and those around you – is to get a flu shot early.



Everyone six months of age and older should get a flu shot, especially those at higher risk for developing serious problems caused by the flu. These are children under 18 months of age, adults over age 65 and others with low immune systems.*

Through the Anthem medical plan, Citi employees and family members can get a flu shot covered at 100% at participating doctors, urgent care facilities or retail health clinics. Through the CVS Caremark plan, you can also get it at any retail pharmacy, such as CVS, Walgreens and Rite Aid by presenting your CVS Caremark ID Card. To find other options near you, call Member Services at 1-855-593-8123 or visit anthem.com.



* Centers for Disease Control and Prevention: *Influenza (Flu)* (accessed June 2018): cdc.gov/flu/index.htm.

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