

**Summary of Benefits and Coverage: What This Plan Covers & What it Costs**



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [welcometouhc.com/oxford](http://welcometouhc.com/oxford) or by calling the Member Service number listed on the back of your ID card.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Network: \$500 Individual/\$1,000 Family Non-Network: \$1,500 Individual/\$3,000 Family Per Calendar Year. Prescription drugs, and services listed below with Copays and "No Charge" do not apply to the <u>deductible</u> .	You must pay all the costs up to the <u>deductible</u> amount before this health insurance plan begins to pay for covered services you use. Check your policy to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No, there are no other <u>deductibles</u> .	Because you don't have to meet <u>deductibles</u> for specific services, this plan starts to cover costs sooner.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes, Network: \$3,000 Individual/\$6,000 Family. Non-Network: \$6,000 Individual/\$12,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay during a policy period for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premium, balance-billed charges, health care this plan doesn't cover and penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . So, a longer list of expenses means you have less coverage.
Is there an overall annual limit on what the plan pays?	No, this policy has no overall annual limit on the amount it will pay each year.	The chart starting on page 2 describes any limits on what the insurer will pay for specific covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes, this plan uses <u>network providers</u> . If you use a non-network <u>provider</u> your cost may be more. For a list of <u>network providers</u> , see <a href="http://welcometouhc.com/oxford">welcometouhc.com/oxford</a> or call 1-800-444-6222.	If you use an <u>in-network</u> doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Plans use the terms <u>in-network</u> , preferred, or participating to refer to <u>providers</u> in their network.
Do I need a referral to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

<sup>1</sup>Oxford HMO products are underwritten by Oxford Health Plans (NY), Inc., Oxford Health Plans (NJ), Inc. and Oxford Health Plans (CT), Inc. Oxford insurance products are underwritten by Oxford Health Insurance, Inc. Administrative services provided by Oxford Health Plans LLC.

Questions: Call 1-800-444-6222 or [oxfordhealth.com](http://oxfordhealth.com). If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at [dol.gov/ebsa/healthreform](http://dol.gov/ebsa/healthreform) or [cciio.cms.gov](http://cciio.cms.gov), or call the telephone numbers above to request a copy. This is only a summary. It in no way modifies your benefits as described in your plan documents. Please refer to your plan documents provided by your employer for complete terms of this plan.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- Coinsurance is *your* share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plan's allowed amount for an overnight hospital stay is \$1,000, your coinsurance payment of 20% would be \$200. This may change if you haven't met your deductible.
- The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.)
- This plan may encourage you to use participating providers by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical Event	Services You May Need	Your Cost if You Use a Participating Provider	Your Cost if You Use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	20% co-ins after ded	40% co-ins after ded	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	20% co-ins after ded	40% co-ins after ded	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	20% co-ins after ded	40% co-ins after ded	Cost Share applies for only Manipulative (Chiropractic) Services and is limited to 20 visits per Calendar Year. Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Preventive care/screening/immunization	No Charge	No Charge up to \$250 copay then 40% co-ins	Includes preventive health services specified in the health care reform law. Deductible does not apply.
If you have a test	Diagnostic test (x-ray, blood work)	20% co-ins after ded	40% co-ins after deductible	Pre-Authorization required Non-Network for Sleep Studies or benefit reduces to 50% of allowed. Deductible does not apply.
	Imaging (CT/PET scans, MRIs)	All services done in the office are covered 100%. All other places of service are covered at 20% co-ins after ded.	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.

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Common Medical Event	Services You May Need	Your Cost if You Use a Participating Provider	Your Cost if You Use a Non-Participating Provider	Limitations & Exceptions
<p>If you need drugs to treat your illness or condition</p> <p>More information about <a href="http://www.citibenefitsonline.com">prescription drug coverage</a> is available at <a href="http://www.citibenefitsonline.com">www.citibenefitsonline.com</a></p>	Generic drugs	\$10 copay (retail) / \$20 (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)
	Preferred brand drugs	\$30 copay (retail) / \$75 copay (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)
	Non-preferred brand drugs	50% covered - \$50 min./\$150 max copay (retail) / 50% covered \$125 min./\$375 max. (mail order), after deductible	50% covered, after deductible	Covers up to 34-day supply (retail); 90-day supply (mail order)
	Specialty drugs	\$20 copay (generic), 75% covered - \$50 min./\$150 max copay (preferred brand), 50% covered - \$100 min./\$ 250 max. copay (non-preferred brand), after deductible	Not covered	Covers up to 30-day supply
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Physician/surgeon fees	20% co-ins after ded	40% co-ins after ded	---none---

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Common Medical Event	Services You May Need	Your Cost if You Use a Participating Provider	Your Cost if You Use a Non-Participating Provider	Limitations & Exceptions
If you need immediate medical attention	Emergency room services	20% co-ins after ded	20% co-ins after ded	---none---
	Emergency medical transportation	No Charge	No Charge	---none---
	Urgent care	20% co-ins after ded	20% co-ins after ded	---none---
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Physician/surgeon fee	20% co-ins after ded	40% co-ins after ded	---none---
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required for certain services or Non-Network benefit reduces to the lesser of 50% or \$500.
	Mental/Behavioral health inpatient services	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Substance use disorder outpatient services	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required for certain services or Non-Network benefit reduces to the lesser of 50% or \$500.
	Substance use disorder inpatient services	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
If you are pregnant	Prenatal and postnatal care	No Charge	40% co-ins after ded	---none---
	Delivery and all inpatient services	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
If you need help recovering or have other special health needs	Home health care	20% co-ins after ded	40% co-ins after ded	Limited to 200 visits per Calendar Year Network and Non-Network combined with Private Duty Nursing. Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Rehabilitation services	20% co-ins after ded	40% co-ins after ded	Depending on the type of therapy, there is a limit of 90 visits per Calendar Year. Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.

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Common Medical Event	Services you may need	Your Cost if You Use a Participating Provider	Your Cost if You Use a Non-Participating Provider	Limitations & Exceptions
	Habilitative services	20% co-ins after ded	40% co-ins after ded	Depending on the type of therapy, there is a limit of 90 visits per Calendar Year. Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Skilled nursing care	20% co-ins after ded	40% co-ins after ded	Limited to 120 days per Calendar Year. Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
	Durable medical equipment	20% co-ins after ded	40% co-ins after ded	Pre-Authorization required for items over \$500.
	Hospice service	20% co-ins after ded	40% co-ins after ded	Inpatient Pre-Authorization required Non-Network or benefit reduces to the lesser of 50% or \$500.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	No Coverage for Eye Exam.
	Glasses	Not Covered	Not Covered	No Coverage for Glasses.
	Dental check-up	Not Covered	Not Covered	No Coverage for Dental check-up.

**Excluded Services & Other Covered Services:**

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other excluded services.)

<ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Cosmetic surgery</li> <li>• Dental check-up (child/adult)</li> <li>• Glasses (child/adult)</li> </ul>	<ul style="list-style-type: none"> <li>• Long-term care</li> <li>• Non-emergency care when traveling outside the U.S.</li> <li>• Prescription Drugs</li> </ul>	<ul style="list-style-type: none"> <li>• Private-duty nursing</li> <li>• Routine eye care (child/adult)</li> <li>• Routine foot care</li> <li>• Weight loss programs</li> </ul>
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**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

<ul style="list-style-type: none"> <li>• Bariatric surgery</li> </ul>	<ul style="list-style-type: none"> <li>• Chiropractic Care</li> <li>• Hearing aids</li> </ul>	<ul style="list-style-type: none"> <li>• Infertility treatment</li> </ul>
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## Summary of Benefits and Coverage: What This Plan Covers & What it Costs

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [dol.gov/ebsa](http://dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [cciio.cms.gov](http://cciio.cms.gov).

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: your human resource department, the Employee Benefits Security Administration at 1-866-444-3272 or [dol.gov/ebsa/healthreform](http://dol.gov/ebsa/healthreform) or the New York Department of Financial Services at 1-800-342-3736 or [dfs.ny.gov/index.html](http://dfs.ny.gov/index.html).

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage”. This plan or policy does provide minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

### Language Access Services:

Para obtener asistencia en Español, llame al 1-866-633-2446.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-633-2446.

如果需要中文的帮助, 请拨打这个号码 1-866-633-2446.

Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' 1-866-633-2446.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next page* —————

## Coverage Examples

### About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,~~840~~620
- Patient pays \$1,~~700~~920

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$500
Copays	<del>\$20</del>
Coinsurance	\$1, <del>200</del> <u>0</u>
Limits or exclusions	\$200
<b>Total</b>	<b>\$1,<del>700</del><u>920</u></b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$~~6203,760~~0
- Patient pays \$~~41,780~~640

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$500
Copays	<del>\$1,000</del>
Coinsurance	<del>\$80100</del>
Limits or exclusions	\$ <del>4,200</del> <u>40</u>
<b>Total</b>	<b>\$<del>41,780</del><u>640</u></b>

## Coverage Examples

### Questions and answers about the Coverage Examples:

#### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services (HHS), and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the examples.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

#### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

#### Does the Coverage Example predict my own care needs?

**X No.** Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

#### Does the Coverage Example predict my future expenses?

**X No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

#### Can I use Coverage Examples to compare plans?

**✓ Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

#### Are there other costs I should consider when comparing plans?

**✓ Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs), or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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