

# Family matters

Don't give up! Our Fertility Support Program can help you grow your family.

Trying to get pregnant can be an emotional roller coaster. If you're struggling, the Fertility Support Program is here to give you resources and support. It's also part of your benefits, so there's no extra cost to you.

## How the program can help

When you enroll, you get:

- **24/7 access** to specially trained nurse care managers who can answer your questions, help you find doctors and listen to your concerns.
- **Referrals** to local, high-quality reproductive endocrinologists from Anthem's network.
- **Authorizations** for outpatient and in-office infertility services.
- An **individualized care plan** with treatment recommendations based on your risk level and the success rate of options available to you.
- **Information** about the causes of infertility, different treatments and medications, and finding the right doctor for your needs.

## Plus, there's an app!

The program's mobile app, **WINFertility Companion**, allows you to:



- Communicate with a WINFertility nurse care manager by phone, text or email.
- Privately track multiple fertility-related activities.
- Set calendar reminders for doctor appointments, taking medications and other medical events.
- Get discreet alerts, like when ovulation begins.



We'll stay right by your side throughout this journey.

Call toll free at **1-833-204-2713** or visit <http://managed.winfertility.com/citi>

